

3.	Don't on things that make you angry.
5.	Everyone is unique and
6.	to the other person's point of view.
9.	Seek who are encouraging and kind.
10.	away from bad situations.
12.	people who consistently try to fight.
Down	
	Speak
2.	Talk to a trusted about your feelings.
4.	can make the world a better place.
7.	Count to
8.	Treat other people like you want to be
11.	Let the little things